**March- Talk Box Activities (Alberta Health Services)**

This month’s activities emphasize colours, shapes, counting and rhyme.

**Playdough**

* Use cookie cutters and make play dough cookies together.
* Talk about the shapes of the cookies you make.
* Talk about how you squish, press and roll the playdough to make shapes.
* Older children can make their own creations. Talk about what they are making.

**Colour Games**

-Play a game of *I Spy*

-Sort socks, t-shirts, mittens by colour

**Counting**

-Count the stairs as you go up and down

-Count with your child during play

-Introduce *“1, 2, 3 Go!”* at the start of running, sliding, jumping.

**Rhyme**

 ***Rainbow***

*Rainbow purple, rainbow blue*

*Rainbow green and yellow too*

*Rainbow orange, rainbow red,*

*Rainbow smiling overhead.*

**Books**

***Blue Hat, Green Hat*** *by Sandra Boynton*

***Brown Bear Brown Bear*** *by Erik Carle*

***Whose socks are those?*** *by Jez Alborough*